



# Sequoia and Kings Canyon National Parks Tips & Tricks

## Spring / Summer Guide



**Thank you for staying with The Darling on your  
Sequoia and Kings Canyon National Parks trip!**

Here are a few tips on navigating the parks:

The **Sequoia National Park** entrance is about 40 minutes from The Darling Hotel.

**Popular Sequoia trails and sights** can be found an additional 45 minutes after the entrance.

The **Kings Canyon** Entrance is around 1 hour 20 minutes away from the Darling Hotel.

The park entrances can experience heavy wait times, notably on weekends. Be sure to get to the entrance before 8:00am if possible.

**For only \$20 you get round-trip transportation to and from Sequoia National Park from Visalia. Make your Shuttle reservation at [sequoiashuttle.com](http://sequoiashuttle.com) today.**

Weekly park passes are valid in both Sequoia National Park and Kings Canyon National Park. You can enter the different parks through their respective entrances or travel from one park into the next. *The road is very windy, so be sure to prepare for anyone that is easily carsick.*

The phone app "All Trails" is an excellent way to plan a visit to a national park, Sequoia and Kings Canyon included. We suggest referring to the app and the suggested trails below for your trip as you will have no phone signal in the park.

### **Sequoia National Park**

---

#### **A few popular trails and sights:**

**Moro Rock:** A beautiful lookout on Sequoia National Park and the approaching San Joaquin Valley. There is parking near the trailhead and along the roadway leading up to it. It's a staircase built into the rock, and it's pretty high up!

**Tunnel Log:** A fallen Sequoia Tree that has been converted into a car tunnel. This attraction can be found after leaving the Moro Rock parking lot in Sequoia National Park. After, you can continue to Crescent Meadow for some beautiful trails or turn around to continue up General's Highway.

**Big Trees Trail:** Trailheading near the Giant Forest Museum, the Big Trees Trail leads 1.3 miles through a dense Giant Sequoia tree grove near the Moro Rock turnoff in Sequoia National Park. There is a large parking lot accompanying the hike.

**General Sherman:** Rated as the largest tree in the world by mass, General Sherman is also home to the Congress Trail trailhead in Sequoia National Park. There is a large parking lot near the trailhead.

**Congress Trail:** A paved 3 mile hike through a dense Giant Sequoia Tree grove made up of some of the largest trees in the world! This hike is located in the General Sherman area.

### **A few more rigorous day hikes:**

**Tokapah Falls via Tokapah Valley Trail:** This 4 mile hike hugs a stream and leads to a small waterfall. The waterfall's size depends on the season (larger in the spring, smaller in the summer). A parking lot is available near the trailhead in Lodgepole Campground.

**The Lakes Trail:** About an 11 mile hike, the Lakes trail is one of the most beautiful day hikes Sequoia has to offer. Be sure to take the Watchman route either on the way out or back to get spectacular views of a deep canyon. A parking lot is available in the Wolverton Picnic Area near the trailhead.

**Muir Grove Trail:** At around 5 miles round trip, this hidden hike leads you out to a secluded Giant Sequoia Tree grove. Parking is streetside and first come first serve. The trailhead is based deep in the Dorst Creek Campground. To get to the trailhead, you must walk through the campground. \*Dorst Creek Campground is currently closed due to COVID but the trailhead is still open to hikers.\*

### **Kings Canyon National Park**

---

**Grant's Grove:** Home to the world's second largest tree, General Grant, Grant's Grove has plenty of attractions and short trails to enjoy. General Grant Loop Trail is a 0.7 mile heavily trafficked loop trail located near Cedar Grove, California that features a river and is good for all skill levels.

**Mist Falls:** Check out this 8.70 mile, out and back trail. Generally considered a moderately challenging route, it takes an average of 4 hours to complete. The trail is open year-round, but the best times to visit are May through October. You'll need to leave pups at home – dogs aren't allowed on this trail. - All Trails

#### **Zumwalt Meadow And Roaring River Falls:**

Zumwalt Meadow And Roaring River Falls is a 5.4 mile moderately trafficked out and back trail that features a waterfall and is good for all skill levels. - All Trails

---

All visitor areas (Moro Rock, General Sherman, Wolverton, Lodgepole, etc.) have amazing hiking trails to choose from.  
Be sure to do some exploring of your own!

**Enjoy your time around the beautiful Sequoias!**

**Tag us in your photos! We want to follow your adventure!**

**@thedarlingvisalia**

**#darlingsequoias**



**Scan here to download the  
Official National Park Service App**